

Health & Social Care NVQ – Level 2 & 3



1) BACKGROUND

Health and Social Care Services are focused on meeting the needs of people who are unable, or find it difficult to care for themselves day-to-day. A career in this sector is known to be challenging and demanding, but also highly rewarding. Success requires patience and understanding, combined with a desire to help others: these NVQs at Level 2 & 3 are designed for people with such special qualities, or with the potential to develop them.

2) BRIEF SUMMARY OF QUALIFICATION

The Health and Social qualifications, reflect a nationally recognised set of standards of skills and competence at work needed by individuals to carry out their jobs effectively and successfully: certification proves that these have been achieved.

3) WHO IS THE COURSE FOR & WHAT ARE THE BENEFITS?

Who is the course for?

People working in the health and social care sector who can benefit from learning more, gaining in confidence and having their existing skills confirmed. The course is designed with a flexible structure so that it can be adapted to be appropriate for almost any workplace.

Benefits to employer

- Developing your staff leads to improved staff morale, motivation, and retention, resulting in reduced recruitment costs and improved customer services.
- Achievement of a nationally recognised qualification will enhance employee confidence and their ability to provide the very best levels of care, customer satisfaction. The Health and Social Care NVQs will help employees to maintain, develop, and maximise the value of your staff skills.

Benefits to your employees

- Gaining a national qualification - the Health & Social Care NVQ – will aid individual career progression.
- The flexibility of the course content enables candidates to choose exactly which units best reflect their level of skills, and their own working activities involved in delivering practical help and support to people with a range of physical and social needs.

4) HOW IS THE COURSE RELEVANT TO MY BUSINESS?

The training focuses on individual company needs by teaching the basic skills necessary for working effectively and efficiently within the health and social care sector, for example: supporting health and safety issues in the workplace; developing specific topics of health and social care knowledge and practice; communicating with people who are often bewildered and distressed; supporting the care, protection and well being of individuals who require it.

Training and assessment can be mapped to your in-house training.

National Vocational Qualifications are specifically designed to verify



and accredit existing skills whilst developing and enhancing new skills required in the workplace. The care environment is now powerfully regulated and legislation makes it imperative that staff are properly qualified to these national standards.

5) COURSE CONTENT – WHAT DOES THE COURSE COVER?

The course consists of four mandatory units that must be completed, plus a range of optional units of which two must be completed, to gain Level 2 qualification

Mandatory Units:

- Communicate with, and complete records for individuals.
- Support the health and safety of yourself and individuals.
- Develop your knowledge and practice.
- Ensure your own actions support the care, protection and well being of individuals.

Optional Units:

There is a choice of 28 optional units, two of which must also be completed. These are:

- Carry out and provide feedback on specific plan of care activities.
- Support individuals to access and use information.
- Support individuals in their daily living.
- Support individuals to make journeys.
- Support individuals to meet their domestic and personal needs.
- Support individuals to access and participate in recreational activities.
- Support individuals to take part in development activities.
- Support individuals during therapy sessions.
- Provide food and drink for individuals.
- Help individuals to eat and drink.
- Help individuals to keep mobile.
- Help address the physical comfort needs of individuals.

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If you would like to find out more about NVQs or the range of other training and qualifications on offer, please contact us on **01462 650246** or email **ttg@nhc.ac.uk**

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- Undertake agreed pressure area care.
- Support individuals with their personal care needs.
- Support individuals to manage continence.
- Maintain the feet of individuals who have been assessed as requiring help with general foot care.
- Assist in the administration of medication.
- Support individuals prior to, during and after clinical procedures.
- Contribute to moving and handling individuals.
- Observe, monitor and record the conditions of individuals.
- Support individuals to undertake and monitor their own health care.
- Support individuals who are distressed.
- Contribute to working in collaboration with carers in the caring role.
- Contribute to effective group care.
- Gain access to, and ensure individuals' homes are secure.
- Manage environments and resources during clinical activities.
- Protect yourself from the risk of violence at work.

Achievement

To gain the full NVQ all four mandatory units plus two optional units must be achieved if working in social care. In the health care setting, two core units, two optional units, plus a further two units are required.

6) HOW ARE INDIVIDUALS ASSESSED?

Assessment takes place naturally within the working environment, and is based on real work activities and associated knowledge that must be accomplished to prove the efficiency of candidates.

It is competence-based assessment, meaning that it is linked to a person's ability to competently perform a range of tasks connected with their work.

7) WHERE DOES LEARNING & ASSESSMENT TAKE PLACE?

The learning and assessment for this qualification happens almost exclusively in the workplace. However, some self study activity may be necessary outside work to support the development of underpinning knowledge.

8) HOW MUCH WILL THE COURSE COST ME?

There may be government funding available to subsidise the cost of this course. Each provider has a different delivery model and cost.

9) WHAT QUALIFICATION WILL MY EMPLOYEES GAIN?

Health & Social Care NVQ Skills and achievements are acknowledged with a nationally recognised qualification.

